

Talk Suicide – Suggested social media messaging

General

@TalkSuicideHCV is a suicide prevention campaign run by @HNYPartnership. The campaign promotes FREE suicide prevention training locally. It only takes 20 minutes. Go to <http://talksuicide.co.uk> #TalkSuicide

Individuals

It can be hard to know what to do if someone you know is struggling with their mental health. @TalkSuicideHCV are offering FREE suicide prevention training to spot the signs. It only takes 20 minutes. Go to <http://talksuicide.co.uk> #TalkSuicide

Looking for something to do today? Why not take @TalkSuicideHCV FREE suicide prevention training and learn how to:

- Spot the signs of suicidal thoughts
- Speak out and listen
- Signpost someone to the right support

TAKE THE TRAINING www.talksuicide.co.uk

Got a spare 20 minutes?

Learn potentially life-saving skills with free suicide prevention training with @TalkSuicideHCV.

TAKE THE TRAINING. SAVE A LIFE. #TALKSUICIDE

www.talksuicide.co.uk

Businesses

We know that businesses don't often know where to turn when it comes to mental health in the workplace. @TalkSuicideHCV are looking for businesses in the area to roll out free suicide prevention training to their staff. Request your FREE business pack at <http://talksuicide.co.uk/employers>

We're urging local businesses to promote FREE suicide prevention training to their employees.

In 20 minutes, your employees can learn how to SPOT the signs of suicide, SPEAK openly and SINGPOST people to support. Request your FREE pack <http://talksuicide.co.uk/employers> @TalkSuicideHCV

It can be hard to know what to do if your colleague is struggling with their mental health, so we are urging local businesses to support @TalkSuicideHCV, and promote free suicide prevention training to their staff.

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Hull – University Quarter by Kexgill

Knowing what to say in the right situation can potentially save a life, that's why Kexgill Group in #Hull recently rolled out free suicide prevention training to their staff. If you are a business wanting to roll this training out to your team, request your free #TalkSuicide resource pack now at www.talksuicide.co.uk/employers

East Yorkshire – Hull Collegiate School

Knowing what to say in the right situation can potentially save a life, that's why Hull Collegiate School in #EastYorkshire recently rolled out free suicide prevention training to their students and staff. If you are a business wanting to roll this training out to your team, request your free #TalkSuicide resource pack now at www.talksuicide.co.uk/employers

York and North Yorkshire – Millers Fish & Chips

Knowing what to say in the right situation can potentially save a life, that's why Millers Fish and Chips in #Haxby recently rolled out free suicide prevention training to their staff. If you are a business wanting to roll this training out to your team, request your free #TalkSuicide resource pack now at www.talksuicide.co.uk/employers

Scarborough – Dawn (Lived experience)

Knowing what to say in the right situation can potentially save a life, that's why Dawn is encouraging local businesses in #Scarborough to roll out free suicide prevention training to their staff. Request your free #TalkSuicide resource pack now at www.talksuicide.co.uk/employers

North Lincolnshire – Bradbury Group

Knowing what to say in the right situation can potentially save a life, that's why Bradbury Group in #Scunthorpe recently rolled out free suicide prevention training to their staff. If you are a business wanting to roll this training out to your team, request your free #TalkSuicide resource pack now at www.talksuicide.co.uk/employers