


Talk suicide

Local businesses are invited to offer the FREE suicide prevention training to staff. Personal computer
#TalkSuicide

Help your employees to know how to spot the signs and help colleagues if they're struggling with their mental health. Request your FREE training pack at <http://talksuicide.co.uk/employers>

Struggling to find things to do at home? Why not take the #TalkSuicide training? Learn how to spot the signs when someone is suicidal, how to talk to them about suicide & how to signpost them to the right service. Take the training here: <http://talksuicide.co.uk> #stayhomesavelives

Anyone can suffer from suicidal thoughts but every one can make a difference. In 20 mins you can learn how to help someone in distress. #TalkSuicide - free #SuicidePrevention training available online  <https://talksuicide.co.uk>